

The Benefits of Indoor Plants at Work

Presented by Kylie Cann Tropical Plant Rentals













HEALTH BENEFITS OF INDOOR PLANTS





Increase Productivity

Enhanced productivity by 10% due to psychological engagement



Produce Oxygen

Provide oxygen & remove carbon dioxide from the air



Purify Air

Purifies the air and removes toxic emissions such as VOC's (Volatile Organic Compounds)



Health & Wellbeing

Reduce blood pressure, fatigue and headaches



Decrease Stress

Reduce stress and negativity



Absorb Noise

Deflection, refraction and absorption of sound



Humidity

Improves air humidity through a process called transpiration. This cools the air and helps to reduce energy costs



Enhance Environment

Shows you care about your organisation and employees



Green Star Building

Plants and a professional indoor plant maintenance program assist with a Green Star Building



VOLATILE ORGANIC COMPOUNDS



The modern indoor working environment can fill with many harmful toxins known as Volatile Organic Compounds (Formaldehyde, Benzene, Xylene etc)

These harmful VOC's are emitted from:

- Carpets
- Laminate
- Adhesives
- Computers

- Printers
- Electronic Equipment
- Photocopiers
- Plastics

They can have major detrimental effects on our health.

GREEN STAR BUILDING



Indoor Plants



Professional Plant Hire Maintenance Program







